



## TESTING CHECK LIST

### 4<sup>TH</sup> KYU

#### Demonstrate the Following:

Bo Form 1 (Hajime No Kata) (6<sup>th</sup> Kyu) – Front view  
Bo Form 2 – Front view AND back view  
Jo Form 1 – Front view AND back view

Bo Form 3 – Front view AND back view  
Jo Form 2 – Front view AND back view  
Hanbo Form 1 – Front view AND back view

#### INCLUDE THE FOLLOWING WITH YOUR TESTING MATERIAL

Completed CD/DVD of Testing Materials  
Completed Application for Testing  
\$25.00 Testing Fee + \$4.50 Shipping (in US – e-mail for shipping fees if outside US)  
[Optional] \$5.00 for Belt (Include Size)

*Make all payments to*  
North American Nunchaku Association

Paypal accepted: [uplandmacenter@hotmail.com](mailto:uplandmacenter@hotmail.com)

PLEASE NOTE: You must be a current member of NANA or AKA to test.  
Annual Membership Dues are \$35.00 and may be included with your first test.

AKA Only Allows one rank test to be sent in at a time.

SEND ALL MATERIAL TO:  
Upland Martial Arts Center  
1386 East Foothill Unit L  
Upland, CA 91786  
USA